

URBEAN BIG BREAKFAST

29.90

2 eggs of your choice, baked beans, gourmet sausage, grilled cherry tomatoes, grilled mushrooms, arugula, hash browns & seasonal fuits served with wholemeal toast

VEGETARIAN BIG BREAKFAST V

29.90

2 eggs of your choice, baked beans, quinoa patties with pesto mayo, grilled cherry tomatoes, arugula , hash browns & seasonal fuits served with wholemeal toast

FRENCH BREAKKIE

27.90

2 eggs of your choice, smoked salmon, cherry tomatoes, arugula salad served with warm butter croissant

MEXICAN OMELETTE V

24.90

Omelette with black beans, green chili, tomato salsa, cheddar cheese, aruqula salad served with wholemeal toast

GRANOLA BOWL V

27.90

Fresh yogurt, homemade granola, banana, strawberry, blueberry & honey drizzle

PANCAKE WITH CARAMELIZED BANANA

25.90

Fluffy pancakes topped with caramelised banana, fresh fruits &honey

AVOCADO TOAST V

2 0

Poached egg, avocado, arugula salad, alfalfa sprouts on wholemeal toast

SMOKED SALMON BENEDICT

33.90

Poached eggs, wholemeal toast, avocado, smoked salmon, hollandaise sauce, alfalfa sprout & aruqula salad

CREAMY MUSHROOMS BENEDICT V

26.90

Poached eggs, creamy sauteed button mushroom, hollandaise sauce, wholemeal toast, arugula salad



*CHOICE OF WHOLEMEAL BREAD OR WRAP

SMOKED SALMON

29.90

Toasted wholemeal bread, smoked salmon, cream cheese & chive & greens, served with french fries *Add on Avocado RM 9.90

PESTO CHICKEN MAYO

27.90

Toasted wholemeal bread, chicken breast, pesto mayo & greens, served with french fries

GUACAMOLE PAPRIKA CHICKEN

29.90

Soft wrap, guacamole, paprika chicken breast, caramelized onion & greens , served with french fries

ULTIMATE VEGGIE V

22.90

Soft wrap, lettuce, purple cabbage, carrot, tomatoes, cucumber served with homemade spicy hummus, honey yogurt lemon dressing, served with french fries

UCB BURGER

39.90

150grams grilled beef patty, melted cheddar cheese, lettuce, tomato, pickles and special sauce on a seeded bun



*ALL AVAILABLE IN VEGETARIAN VERSION



MULTI-LAYER QUINOA PATTIES V/G

28 90

Quinoa patties, homemade spicy hummus, alfafa sprouts, sunny side up, roasted eggplant & side salad

VEGGIE BURGER V

28.90

Quinoa patties, homemade spicy hummus, tomato salsa, alfafa sprouts, wholemeal toast & carrot salad

PROTEIN PACK G

28.90

Quinoa, chicken breast, sweet corn, green peas, tomato salsa, alfafa sprouts, cucumber, toasted almond flakes served with vinaigrette

ROASTED PUMPKIN & CHICKEN G

28.90

Quinoa, chicken breast, roasted pumpkin, green peas, tomato salsa, purple cabbage, green sprout, toasted pumpkin seed served with balsamic vinegar & olive oil

ROASTED VEGGIE VEGAN V/G

28.90

Quinoa, spiced cauliflower, grilled eggplant, green peas, cucumber, tomato salsa, green sprout, toasted pumpkin seed served with vinaigrette

MEXICAN V/G

28.90

Quinoa, spiced black beans, tomato salsa, sweet corn, roasted pumpkin, sunny side up served with vinaigrette

FUSION THAI CHICKEN G

28.90

Quinoa, chicken breast, mango, coriander, tomato salsa, alfafa sprouts, thai bird eye chili, toasted peanuts, vinaigrette served with homemade thai chili sauce

LAMB MEATBALL

29 90

Quinoa, juicy homemade lamb meatball, tomato salsa, cucumber, carrot served with yogurt mint sauce



*ALL PASTAS AVAILABLE IN VEGETARIAN VERSION

ROSEMARY GRILLED FISH FILLET

Pan-seared tilapia fillet, pesto mashed potato, buttered vegetables served with choice of rosemary black olive sauce or cream sauce

AUSTRIAN CHICKEN SCHNITZEL 29.90

Golden crispy fried chicken breast, served with cranberry jam & french fries

SEAFOOD SPAGHETTI S 34.90

Choice of tomato sauce or aglio olio style, fresh mussel & prawns cooked in homemade tomato sauce, fresh basil & parmesan

LAMB MEATBALL PASTA 29.90

Juicy homemade lamb meatball cooked in homemade basil tomato sauce, fresh basil $\&\ parmesan$

LINGUINE PUTTANESCA S 28.90

Chicken breast, cooked with homemade basil tomato sauce, fresh basil, black olive & parmesan

CHICKEN & MUSHROOM BOW TIE 28.90

Chicken breast, white button mushroon, cherry tomatoes & spinach cooked in cream sauce & parmesan

PESTO LINGUINE V 26.90

Fresh homemade pesto with cherry tomatoes, a sprinkle of toasted pumpkin seed & parmesan

*Add on chicken RM 6.90

CLASSIC AGLIO OLIO WITH CHILI FLAKES \$ 22.90

Classic garlic & olive oil with cherry tomatoes, chili flakes & narmesan

*Add on chicken RM 6.90

SPAGHETTI BOLOGNESE 29.90

Traditional slow cooked bolognese sauce & parmesan

keto food

AVOCADO THAI CHICKEN

Grilled chicken breast, avocado & arugula salad served with

homemade thai sauce

SMOKED SALMON CLOUD 29.90

Smoked salmon with creamy scrambled eggs, arugula salad, alfafa sprouts, toasted pumpkin seed served with lemon vinaigrette

AVOCADO FISH KETO 34.90

Grilled fish fillet served with cream sauce, guacamole & side salad

FIOY'S KFTO 34.90

Creamy scrambled egg with cheese, avocado, sauteed mushroom, grilled chicken & smoked salmon

Ask for our gluten free, vegetarian and vegan options, as well as having catering or an event with us.

BYO Box FREE Takeaway Box +1



SPICED PERSIAN CHICKEN SOUP

23.90

Healthy clear soup with persian spices, lentils, barley, chicken, spinach & herbs

SOUP OF THE DAY

29.90

34.90

18.90

The chef will pick a seasonal vegetable & turn it into a healthy soup

Salad

URBEAN CHICKEN SALAD

26.90

Golden fried chicken, greens, purple cabbage, carrot slice, cherry tomatoes served with honey yogurt lemon dressing

URBEAN GREEN SALAD V

16.90

Greens, cherry tomatoes, corn, carrot slice, black olive, purple cabbage, croutons served with vinaigrett



SMOKED SALMON	13.90
EGG	3.90
GOURMET SAUSAGE	8.90
CHEDDAR	4.90
CREAM CHEESE	4.90
AVOCADO	9.90
MUSHROOM	6.90
HASH BROWN	6.90
ROASTED PUMPKIN	4.90
BLACK OLIVE	4.90
BUTTER CROISSANT	7.90
WHOLEMEAL TOAST	3.90
GLUTEN-FREE BREAD	4.90
BUTTER	3.90
CHICKEN	8.90
FRENCH FRIES	14.90

Check our homemade Cakes & Pastries on display

BROWNIES, BURNT CHEESECAKE, PAVLOVA & CAKE OF THE DAY

We're social



Instagram @urbean_avenue_k